

# People Outdoors



## Our Support Ratios Explained

At People Outdoors we offer camps for children (6yrs+), teens and adults with disabilities. Our programs that run year-round include overnight, weekend and our four-day camps (held during the school holidays) providing people living with disability the opportunity to experience the social and developmental benefits of adventure outdoors. Each camp caters for different support levels.

People Outdoors is a registered NDIS provider, certified with the Department of Health and Human Services (DHHS) and accredited with the Quality Tourism Framework.

**You do not need an NDIS Plan to join us on camp.  
Contact us on 03 9863 6824 to find out more!**

## How much support do you need?

### 1:3 RATIO

- A person who is independent in all areas of personal care including toileting, showering and brushing teeth (may just require prompting).
- Can eat independently, make drinks for themselves and has good communication/social skills.
- Understands road rules, social settings and can stay with the group on outings.



### 1:1 RATIO

- Participants who use a manual or electric wheelchair and need assistance.
- A person that needs full assistance with personal care such as showering, toileting and brushing teeth and full assistance with dressing.
- Has special requirements during meal times and needs assistance to eat.
- Requires full assistance and constant supervision in the community.
- May have challenging behaviours.
- May have limited social skills.

### 1:2 RATIO

- Requires prompting or some assistance with showering, toileting and brushing teeth.
- May require prompting to pick appropriate clothes and get ready for the day.
- May need supervision or help eating or using cutlery.
- May need staff to look after spending money and help with daily living choices.
- Requires closer supervision in the community and on outings.
- May display some mild to moderate behaviours of concern.

**CONTACT US  
FOR MORE  
INFORMATION  
ON  
03 9863 6824**



AUSTRALIAN  
CAMPS ASSOCIATION  
**PEOPLE OUTDOORS**<sup>®</sup>  
Adventure for all

