



NEWSLETTER

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WE'VE HIT THE GROUND RUNNING - CAMPS ARE BACK!

AN UPDATE FROM OUR PRESTON HQ

After a year with a pretty empty Camp Calendar (thanks 2020!), we've hit the ground running. We were able to run four camps before the end of last year - one teens weekend camp and three adult weekend camps. It was so nice to have staff and campers coming together to head to Anglesea Recreation Camp, Stringybark Lodge and Lady Northcote Recreation Camp after such a long break.

Our January to May 2021 programs have been great fun with our campers having a fantastic time bonding together and enjoying activities such as archery, giant swing, yabbying and pizza making as well as many more. Some camps even had an incursion with 'The Rookeepers' where they took part in a wildlife session.

Our updated program calendar can be found on page 8 of this Newsletter.

CAMPER CHRISTIAN'S THOUGHTS FROM CAMP

"Stringybark was such a well run camp with so much activities to participate in there was no way we could ever get bored.

The camp leaders, cooks, activity supervisors and of course the campers made the camp so much more special.

At camp I enjoyed all the activities I participated in, the flying fox was great, basketball was fun, the bike ride was a nice and easy exercise, hut building was educational, the walk in the park was peaceful, the pool party was refreshing and funny, the low ropes course was challenging, the movie night was relaxing and hilarious and the food was quite decent. I look forward to more camps."



AN UPDATE FROM OUR BALLARAT TEAM

Our Ballarat programs got off to a flying start in 2021 with a successful teenage camp hosted at UC Norval in the Grampians, thanks to the support of the UC Harold Hughes Bequest. The weekend was lots of fun with plenty of activities to suit everyone. Our next weekend away at Log Cabin Camp got underway in late May. We have now set the program calendar for the rest of the year, with our next adventure at Weekaway Camp (for kids and teenagers) in June. Please check out the upcoming programs on our website to find a date that suits you!

In other news, we have had a very successful first round of recruiting for staff based in the Ballarat region so that our service is truly local - we are still recruiting to help us meet demand! If you are a Disability Support Worker in the Western Region (including Ballarat and Bendigo) and you are interested in working or volunteering with us please contact Simon Milligan via email at simon@auscamps.asn.au with a brief cover letter and your resume.

With more venues booked and an expanded calendar, we look forward to helping more regional campers enjoy the many benefits of led outdoor experiences. Thanks to everyone for your support so far and especially the People Outdoors Melbourne team for their assistance to get these programs moving.



NOW HIRING!
Disability Support Workers:
Ballarat & Preston
Supporting people living with disability in the outdoors!

People Outdoors provides camps and outdoor experiences for children, teens and adults living with disability. If you like new experiences, People Outdoors might be for you.

www.peopleoutdoors.org.au



AUSTRALIAN CAMPS ASSOCIATION
PEOPLE OUTDOORS
 Adventure for all

NEW PROGRAM DEPARTURE POINT!

People Outdoors moves program departure point to Thornbury venue



WWW.PEOPLEOUTDOORS.ORG.AU

After many years of our programs departing from Coburg, People Outdoors has shifted the program departure venue closer to the People Outdoors HQ.

For most programs departing from Melbourne, the drop-off and pick-up is now at:

**Leinster Community Hall,
99 Leinster Grove, Thornbury VIC 3071.**

People Outdoors staff will remind all campers in your pre-camp documentation of the drop-off and pick-up points for your camp.

If you have any questions, please don't hesitate to contact us at the People Outdoors office on 03 9863 6824.



DID YOU KNOW?

An Australian Research Study conducted by the Outdoor Youth Programs Research Alliance (OYPRA), has identified that **students with higher levels of anxiety and those with low confidence are likely to benefit the most from outdoor learning programs.**

The incidence of mental illness in Australia continues to rise amongst young people. Camps and outdoor learning programs offer a solution to strengthen and support the mental health of young Australians as proven in research conducted by OYPRA.

OUR LOGO

A SIGNIFICANT EVOLUTION

As a part of our ongoing work to improve People Outdoor's culture of inclusion and accessibility, we have subtly but significantly evolved our logo to incorporate Indigenous symbology. This is **an important recognition of the living heritage and ongoing contribution of Aboriginal Australians**. The design comes to us from an Aboriginal artist, a process led by Australian Camps Association member, Be Deadly.



The design is not tied to any one geographical area or people and symbolically represents the foot and fingerprints of all Traditional Custodians across Australia.

The Australian Camps Association, including People Outdoors, acknowledges that wherever our services are delivered across Australia, Indigenous people are the Traditional Custodians of country. They have lived, walked and cared for the lands, waters, environment and wildlife for over 60,000 years.



AN INCLUSION GUIDE

FOR CAMPS AND OUTDOOR ACTIVITY PROVIDERS

An Inclusion Guide and Self-Assessment Resource for Camps and Outdoor Activity Providers has been developed by the Australian Camps Association.

The *Guide* is aimed at anyone who is keen to make their venues or services more inclusive to all groups - seniors, disability, CALD, aboriginal, women, LGBTQI, etc and provides practical advice and examples on overcoming barriers to participation. Being better able to provide excellent services for all people, no matter their circumstances, is not just the right thing to do from an ethical and philosophical standpoint, it also makes real business sense to diversify your clientele.

The Australian Camps Association makes this invaluable resource available to all, and hopes that it will be another useful step towards a more inclusive society. We want to thank Maree Feutrill for her incredible work in researching and writing the *Guide* and the Victorian government Department of Jobs, Precincts and Regions for their financial support in making this project happen.

"This Guide is a practical resource to support operators in the planning, design and development of inclusive camps and outdoor businesses.

The resource is underpinned by the concept and principals of Universal Design, assisting business operators to develop strategies that enables people from diverse backgrounds to function independently and with dignity during a camping and outdoor experience..."



CHANGE IS AFOOT

AT AUSTRALIAN CAMPS ASSOCIATION AND PEOPLE OUTDOORS

We're going through some changes at the ACA and People Outdoors with our CEO, Pete Griffiths, our Camp Coordinator Andrew Beveridge, our Assistant Camp Coordinator, Alex Morcom, and our Great Getaways Coordinator (camps for over 55's), Alan Bull, all leaving to pursue new endeavors.

We wish Pete, Andrew and Alan the very best with their future pursuits - in particular, we'd like to acknowledge the efforts of Andrew (whom many of you would know) and his wonderful rapport with so many of our campers and their families. Andrew's dedication to ensuring that campers are comfortable going on camp, and that support staff are both well informed and properly equipped to provide campers with a wonderful experience, has been exemplary. His presence will be missed around the office, not only by his fellow staff but by you, our wonderful People Outdoors community.

We cannot forget Alex either! Alex has accepted a full time role with the Essendon Football Club. It's been lovely having you as part of the team Alex and we wish you the very best with your endeavors at Essendon both on and off the field.

As the saying goes, 'when one door closes, another opens', so in June we will welcome Sandra Murphy into the People Outdoors office. Sandra will be taking on the Camp Coordinator role. Many of you would know Sandra already as she has been on many camps as a Support Worker. We ask for your patience as Sandra 'finds her feet' here in her new role.

THOUGHTS FROM A PARENT

"My daughter loves the volunteers at People Outdoors, she finds peer interaction difficult but having the volunteers of all ages gives her the opportunity to feel part of a friendship group.

We love turning up at drop off and hearing lots of different people calling her name and making her feel so welcome.

Thank you People Outdoors."



UPCOMING EXPOS AND EVENTS

ADVENTURE FOR ALL

People Outdoors often go to expos and events to learn, network with other organisations in our community and to spread the word about our programs. We'll have trade displays at some (not all) of the following events that you or your friends and family may want to attend:

CARE Expo Melbourne

6 - 7 August 2021 - 9am to 4pm each day
 Melbourne Showgrounds - 01 Exhibition Pavilion
<https://careexpomelbourne.com.au/>

Amp-Ed Up: National Amputee Conference

17-18 September 2021
 Hyatt Place Event Centre Melbourne, Essendon Fields
<https://www.limbs4life.org.au/news-events/events/amp-ed-up-national-amputee-conference-2021-1>

Melbourne Disability Expo

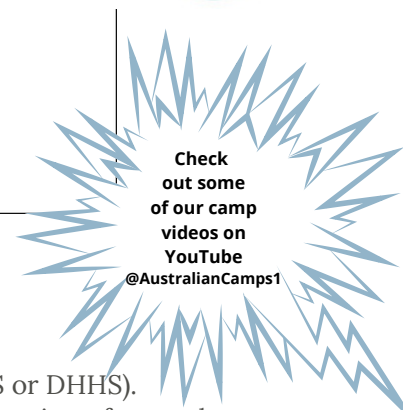
19-20 November 2021
 Melbourne Convention and Exhibition Centre (MCEC)
<https://www.melbournedisabilityexpo.com.au/>

UPCOMING PROGRAM CALENDAR



AUSTRALIAN CAMPS ASSOCIATION
PEOPLE OUTDOORS[®]
Adventure for all

Program Dates	Program Type	Location	Near Town	Age Group	Cost
11–13 June 2021	Weekend Camp (2 nights)	YMCA Lake Dewar Lodge	<i>Bacchus Marsh</i>	Teens (13-17yrs)	<p>People Outdoors is a registered DHHS and NDIS Service Provider.</p> <p>Please call 03 9863 6824 or email peopleoutdoors@auscamps.asn.au for a quote and to book!</p> <p><i>*Please note all 'Four-Day Camps (3 nights)' are held during the School Holidays.</i></p>
18–20 June 2021	Weekend Camp (2 nights)	Weekaway Recreation Camp (Ballarat Departure)	<i>Lancefield</i>	Combined (6-15yrs)	
28 June–1 July 2021	Four-Day Camp* (3 nights)	YMCA Anglesea Recreation Camp	<i>Anglesea</i>	Adults (18yrs+)	
5–8 July 2021	Four-Day Camp* (3 nights)	YMCA Mt Evelyn Recreation Camp	<i>Mt Evelyn</i>	Combined (6-18yrs)	
23–25 July 2021	Weekend Camp (2 nights)	Stringybark Lodge	<i>Gembrook</i>	Adults (18yrs+)	
6–8 August 2021	Weekend Camp (2 nights)	YMCA Camp Manyung	<i>Mt Eliza</i>	Teens (13-17yrs)	
13–15 August 2021	Weekend Camp (2 nights)	Log Cabin Camp (Ballarat Departure)	<i>Creswick</i>	Adults (18yrs+)	
20–22 August 2021	Weekend Camp (2 nights)	YMCA Lady Northcote Recreation Camp	<i>Bacchus Marsh</i>	Kids (6-14yrs)	
3–5 September 2021	Weekend Camp (2 nights)	YMCA Camp Manyung	<i>Mt Eliza</i>	Adults (18yrs+)	
10–12 September 2021	Weekend Camp (2 nights)	Log Cabin Camp (Ballarat Departure)	<i>Creswick</i>	Teens (13-17yrs)	
20–23 September 2021	Four-Day Camp* (3 Nights)	Grantville Lodge	<i>Grantville/ Phillip Island</i>	Adults (18yrs+)	
27–30 September 2021	Four-Day Camp* (3 Nights)	CYC 'The Island'	<i>Phillip Island</i>	Combined (6-18yrs)	
1–3 October 2021	Weekend Camp (2 nights)	Weekaway Recreation Camp (Ballarat Departure)	<i>Lancefield</i>	Kids (6-14yrs)	
15–17 October 2021	Weekend Camp (2 nights)	YMCA Lady Northcote Recreation Camp	<i>Bacchus Marsh</i>	Teens (13-17yrs)	
5–7 November 2021	Weekend Camps (2 nights)	YMCA Anglesea Recreation Camp	<i>Anglesea</i>	Adults (18yrs+)	
19–21 November 2021	Weekend Camp (2 nights)	Stringybark Lodge	<i>Gembrook</i>	Teens (13-17yrs)	
26–28 November 2021	Weekend Camp (2 nights)	Weekaway Recreation Camp (Ballarat Departure)	<i>Lancefield</i>	Teens (13-17yrs)	
3–5 December 2021	Weekend Camps (2 nights)	Grantville Lodge	<i>Grantville/ Phillip Island</i>	Adults (18yrs+)	
11–14 January 2022	Four-Day Camp* (3 nights)	YMCA Lady Northcote Recreation Camp	<i>Bacchus Marsh</i>	Combined (6-18yrs)	
18–21 January 2022	Four-Day Camp* (3 nights)	YMCA Lady Northcote Recreation Camp	<i>Bacchus Marsh</i>	Adults (18yrs+)	



HOW TO JOIN US ON CAMP

TO MAKE A BOOKING ALL YOU NEED TO DO IS FOLLOW THESE SIMPLE STEPS

- Pick a camp/s you wish to go on.
- Call 03 9863 6824 or email peopleoutdoors@auscamps.asn.au to make a booking.
- We will provide you with a quote based on what funding you currently have (NDIS or DHHS).
- If you are NDIS funded, a Service Agreement will be sent to you along with confirmation of your place on the camp.

People Outdoors - Experts in providing camps for people living with disability

www.peopleoutdoors.org.au | 03 9863 6824